4-H YD NEWS

October 2026

St. Charles Parish 4-H Youth Development Newsletter



Upcoming Events

October

1: United Way of St. Charles Battle for the Paddle
4-10: National 4-H Week
22: 4-H Pumpkin Contest due

November

1: 4-H Enrollment forms due
3-4: Regional 4-H Challenge Camp
17: 4-H Culinary Arts Contest
26-27: LSU AgCenter office closed

December

1: 4-H Photo Contest due
8: 4-H Culinary Arts Contest
24-Jan. 1: LSU AgCenter office closed

Check out our LSU AgCenter website and social media for additional opportunities.

For more information, contact your LSU AgCenter Extension Office

St. Charles Parish LSU AgCenter
Physical Address:
453 Spruce Street, Norco, La.
Mailing Address:
P.O. Box 557, Norco, LA 70079
Phone: 985-785-4473
Office Hours: M-F 8:00 a.m. - 4:30 p.m.
Closed 12:30 p.m. - 1:00 p.m.
4-H Agent: Dr. Kali Zammit
Email: kzammit@agcenter.lsu.edu
Website: www.lsuagcenter.com/stcharles

The LSU AgCenter provides equal opportunities in programs and employment. Find detailed information at www.lsuagcenter.com/eeo. Should you need any ADA accommodations, please contact Dr. Kali Zammit at 985-785-4473 no later than 10 days prior to the event.

Message from your 4-H Agent



Get ready to get growing by learning new things and gaining new experiences through your involvement in the 4-H Program. Check out our monthly newsletters, websites, and social media platforms to learn more about the many opportunities that 4-H offers. Don't forget to add those special dates to your calendar. If you have any questions or would like more information, please feel free to contact your St. Charles Parish LSU AgCenter Office at 985-785-4473. We look forward to working with you this year and seeing you **grow** into the best version of **you** through 4-H!

-Dr. Kali Zammit, *St. Charles Parish 4-H Agent*

Pictured with 4-H Cloverbud Community Club & 4-H Fashion Club Leaders at the Southeast Region 4-H Volunteer Leader Training

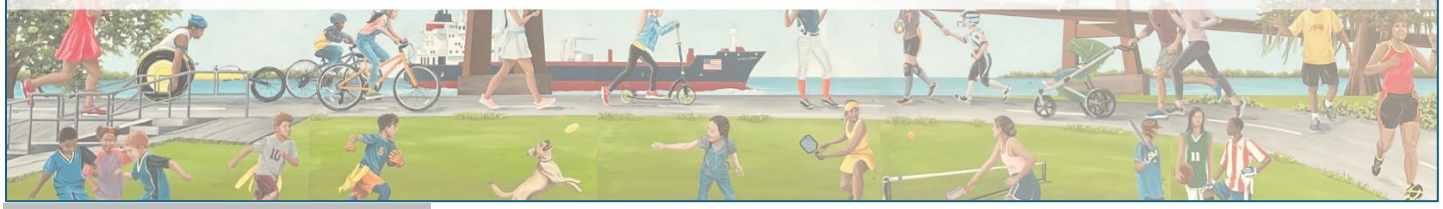
Celebrate National 4-H Week – October 4-10, 2026

St. Charles Parish 4-H members are encouraged to celebrate 4-H throughout this week by participating in daily challenges.
Complete the National 4-H Week Online From each day.
See online form for more details.
(All entries must be submitted by November 1. No late entries will be accepted.)

go green
NATIONAL 4-H WEEK
BEYOND READY

LEARN BY DOING

St. Charles Parish 4-H is BEYOND READY!



Beyond Ready Meter

Help to make our best even better! Everyone is encouraged to do your part to help our St. Charles Parish 4-H Program reach its Beyond Ready Goal, which includes the

Louisiana 4-H Fantastic 4 Principles.

Check out our monthly newsletters for ideas to reach our goal and highlights of our success. Use the Beyond Ready Meter below to learn how you can help our parish to achieve National 4-H Beyond Ready status again this year!



Beyond Ready METER

Enrollment
- **4-H Program Goal:** To increase school & community club membership
- **To do:** All 4-H Clubs are encouraged to increase enrollment by 1 new member. All 4-H Enrollment forms are due to the 4-H Office by **November 1**.

Leadership
- **4-H Program Goal:** To increase participation in 4-H Jr. Leader Club & enhanced leadership opportunities
- **Jr. Leader Club:** Students in 7th-12th grade may contact the 4-H Office to receive Jr. Leader Club information or visit our website for more leadership opportunities.

Civic Engagement
- **4-H Program Goal:** To increase club participation in service projects
- **To do:** Service is a major part of our 4-H program. Each club is encouraged to conduct at least 1 community service or service-learning project each year.

4-H Camp & 4-H University
- **4-H Program Goal:** To increase 4-H Camp attendance and to have at least 10 youth participate in 4-H University programs
- **To do:** Visit our website for updates.
- **Save the date:** 4-H University will be held **June 22-25, 2027**.

Explore St. Charles Parish 4-H on our Official Website

This year all of our programs, opportunities, contests, and more will be posted on our LSU AgCenter website. We encourage all 4-H'ers and families to explore our website for program information and updates throughout the year. Please visit our official websites for upcoming events and program updates:

LSU AgCenter Main page:
www.LSUAgCenter.com/StCharles

St. Charles Parish 4-H Main page:
www.LSUAgCenter.com/StCharles4H

What's New This Month?

Awards
This section includes 4-H award applications and announcements.

Camps and Events
4-H Regional Challenge Camp applications are posted online. Don't forget to visit the Louisiana 4-H Facebook page for additional statewide opportunities.

Clubs
Learn more about joining one of our many 4-H community project club by visiting the articles within this section of our website.

Contests
National 4-H Week Challenge and the 4-H Pumpkin Decorating Contests will be happening in October. Visit this section for all rules associated with these contests and more.

4-H Newsletters
Our monthly 4-H newsletters are included in this section of our website.

Resources and More
This section includes additional resources and articles relevant to our 4-H program.

Additional Resources

For more information and opportunities, visit these social media outlets:
Parish Facebook Page – www.facebook.com/LSUAgCenterStCharlesParish
Louisiana 4-H Facebook Page – www.facebook.com/Louisiana4H
Stay updated with your 4-H Club Google Classroom for club updates.

Above and Beyond Partners

Thank you to our continued partners of the St. Charles Parish 4-H Program:

UNITED WAY St. Charles

ST. CHARLES PARISH

You and I ... We are

ST. CHARLES PARISH PUBLIC SCHOOLS

SHERIFF'S OFFICE ST. CHARLES PARISH LA

BEYOND READY

4-H Experience Worksheet

A 4-H Youth Development Program of the LSU AgCenter

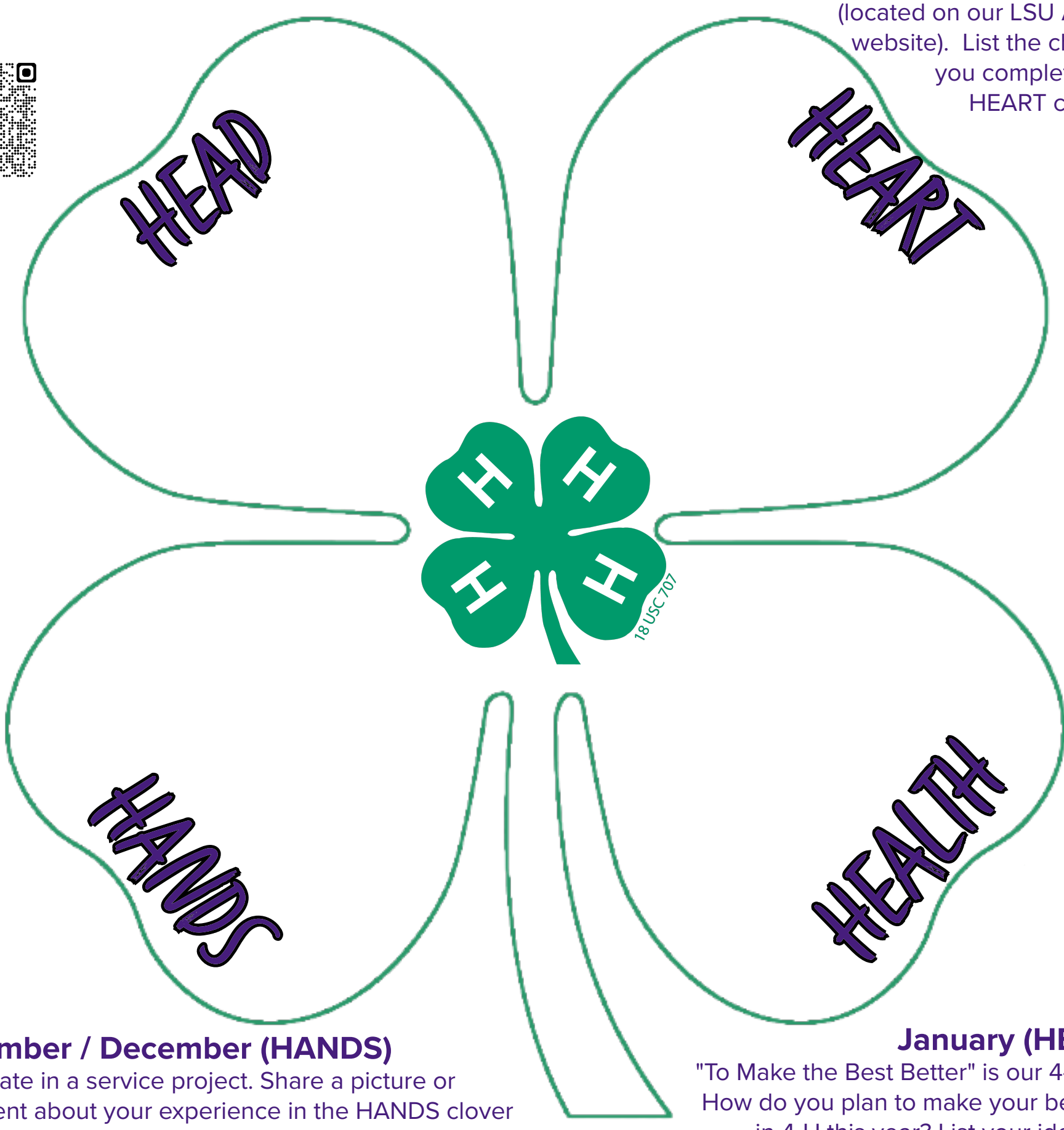
Name: _____ **4-H Club:** _____

September (HEAD)

Explore our St. Charles Parish LSU AgCenter website (www.lsuagcenter.com/stcharles). List what you learned about 4-H this month in the HEAD clover leaf below.

October (HEART)

The 4-H slogan is "Learn by doing." This month we would like for you to learn more about 4-H by participating in the National 4-H Week Challenge (located on our LSU AgCenter website). List the challenges you completed in the HEART clover leaf below.



November / December (HANDS)

Participate in a service project. Share a picture or statement about your experience in the HANDS clover leaf above.

January (HEALTH)

"To Make the Best Better" is our 4-H motto. How do you plan to make your best better in 4-H this year? List your ideas in the HEALTH clover leaf above.

BEYOND READY

4-H Experience Worksheet

A 4-H Youth Development Program of the LSU AgCenter

Name: _____ **4-H Club:** _____

February (CLUB, COMMUNITY, COUNTRY, WORLD)

Now is the time to start recording your activities, accomplishments, and achievements in your 4-H club, parish community, country, and world! Use the space below to help with record-keeping. If you have not yet participated in opportunities in each level, you still have time to try something new to gain leadership, civic engagement, and community experience and achievements.

Leadership

List your leadership experience.
List "4-H" in the title if it is a 4-H Leadership activity.
Examples: 4-H Secretary, Led Student Council Workshop

Citizenship & Community Service

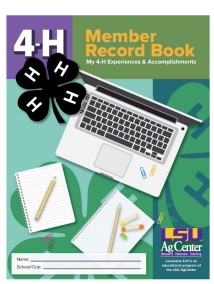
Describe your Community Service activities. List "4-H" in the title if it is a 4-H Citizenship or Community Service activity.
Example: Donated 5 canned goods to 4-H Food Drive

Awards & Recognition

List all Awards & Recognition that you received this year.
List "4-H" in the title if it is a 4-H Award or Recognition.
Examples: Student of the Month,
3rd place 4-H Photography Contest

4-H Project Work

Select one of the following 4-H Project Areas: Civic Engagement, Healthy Living, or STEM. List any projects or activities that you participated in this year within this project area.
Examples: STEM - Photography Contest; Civic Engagement - Any service project; Healthy Living - Cookery Contests



March (4-H RECORDS CONTEST)

Include the information you listed above and any additional experiences in your 4-H Member Record Book. Scan the QR code to download a digital version of the 4-H Member Record Book to enter the 4-H Record Book Contest. The parish 4-H contest is open to **4th - 12th grade 4-H members**. 4-H Record Books must be submitted to our St. Charles Parish LSU AgCenter Office by **April 1.**